

## Common Questions

### What are common symptoms of osteoarthritis?

The following symptoms may be signs of osteoarthritis:<sup>1,2</sup>

- Pain: Sharp or burning pain, occasional or constant, that may be experienced within the hip joint itself or perceived as discomfort in the groin, buttocks, and/or knees
- Joint tenderness and swelling
- Stiffness, especially in the morning or after sitting for long periods
- Reduced movement or loss of flexibility
- Unusual grating sensations, as well as crunching or creaking sounds

### What are risk factors for osteoarthritis?

- Age
- Gender
- Obesity
- Bone Deformities
- Joint Injuries
- Certain Diseases

### Are THINK Surgical procedures covered by insurance?

Contact your insurance provider and consult with your surgeon about coverage.

### How long is the recovery time and when can I expect to return to normal activity?

Although recovery times vary, patients generally resume normal activities within 4–8 weeks.<sup>3</sup> To strengthen joints and muscles, the use of canes and walkers is common during the first phases of recovery and most patients work with physical therapists to speed the recovery process.



## References

1. Lane NE. Osteoarthritis of the Hip. *N Engl J Med.* 2007;357:1413–1421.
2. Cooper C, Inskip H, Croft P, et al. Individual risk factors for hip osteoarthritis: obesity, hip injury, and physical activity. *Am J Epidemiol.* 1998;147:516–522.
3. Osteoarthritis. MedlinePlus website \_ Updated August 3, 2013. Accessed July 2014.